

NHS Friends and Family Test

We value your feedback and want to make our services as good as possible for you. That's why we'll be asking you the following simple question:

“How likely are you to recommend our services to friends and family if they needed similar care or treatment?”

This will be sent to you either by text or as an automated telephone survey within 48 hours of leaving our services which will ask you to rate your experience. We will use your feedback to assess the quality of our service so your response would be very much appreciated. However if you do not wish to take part you can simply reply STOP when you receive the message. Responses to the survey are FREE.

For more information on the Friends and Family Test, please visit www.nhs.uk/friendsandfamily, email patient.experience@ulh.nhs.uk or speak to a member of staff.

References

If you require a full list of references for this leaflet please email patient.information@ulh.nhs.uk

The Trust endeavours to ensure that the information given here is accurate and impartial.



If you require this information in another language, large print, audio (CD or tape) or braille please email the Patient Information team at patient.information@ulh.nhs.uk

Excellence in rural healthcare



What to expect after your Flexible Sigmoidoscopy

Helpline or enquiries (8.30am to 5.00pm Monday to Friday)

For appointments and general enquiries

Boston 01205 445072

Grantham 01476 464366/01205 445072

Lincoln 01522 573849

Louth 01522 573849/01507 631437

For procedure related enquiries (8.30am to 6.00pm Monday to Friday)

Boston 01205 446559

Grantham 01476 464085

Lincoln 01522 573016

Louth 01507 631236

For more information please see: www.ulh.nhs.uk

What can I expect after the test?

You may feel some mild to moderate windy pains in your abdomen (tummy). Although these are unpleasant they are normal and should stop within 24 hours. If you had a polyp removed or a biopsy taken you may see a little bleeding from your back passage.

If you are worried about any symptoms you experience after this test you may ring the helpline numbers on the front cover of this leaflet.

If you have any problems with worsening pain or swelling of the abdomen or heavy bleeding (more than a small cupful) please attend your nearest Accident and Emergency Department taking your endoscopy report with you.

Out of hours please contact the NHS non-emergency service on 111.

When will I get the results?

The doctor or nurse will speak to you before you leave and explain what was seen and done during the test.

- Your test was normal, no follow up is needed
- You will need another endoscopy procedure
Date _____
- You will need another investigation

- A copy of your results will be sent to your Consultant who will arrange a clinic appointment if needed
- A copy of your results will be sent to your GP within 21 days. Please check your GP Practice has received your results before making an appointment
- Outpatient appointment Date: _____